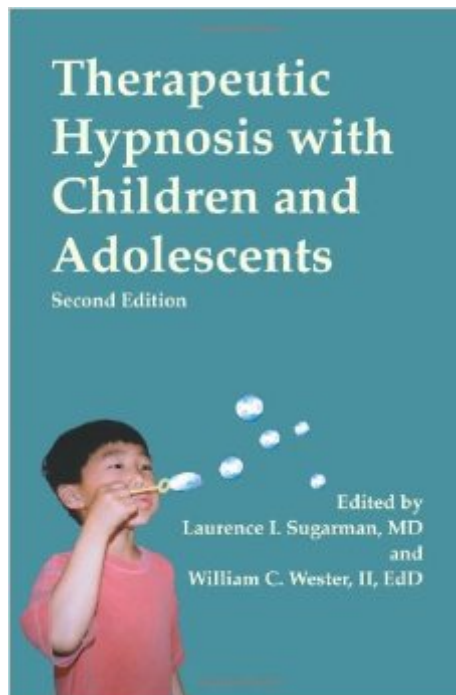


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# Therapeutic Hypnosis With Children And Adolescents, Second Edition



## Synopsis

In this completely revised, updated and expanded volume, the editors have brought together some of the fields most outstanding contributors to examine the wide-ranging applications and promise of the use of hypnosis with children. The book develops core principles of clinical hypnosis with children and adolescents and each contributor delineates how they apply these precepts in a range of psychological and medical settings. The result is a constellation of perspectives and clinical applications that move the reader beyond literature review to practical advice. In Part 1, the broad framework of hypnosis with children is elucidated: concepts, developmental considerations, approaches to induction, hypnotic ability, hypnosis with families and ethical considerations are reviewed. Additionally, the implications of a developmental perspective in hypnosis are extrapolated to work with adults. Parts 2 and 3 illuminate key psychological and medical applications of hypnosis. In the psychological realm, trauma, habit disorders, somatoform disorders, depression, anxiety and behavioral disorders are scrutinized. A particularly original chapter explores the use of clinical hypnosis with the family as the patient. The medical section describes the integration of hypnosis from acute care settings to the operating room; in pain management, chronic diseases, elimination disorders, recurrent pain and palliative care. Throughout the book, clinical vignettes draw the reader into the hypnotic encounter while supportive evidence, strategies and caveats provide insights. This unique combination of literature review, diverse clinical perspective, and "how-to-do-it" clinical integration makes the second edition an essential book required on the desk of all clinicians who strive to build person-centered, creative, mind-body therapies into their clinical care of children and adolescents. It will be of immeasurable value to both the experienced clinician as well as the beginning practitioner.

## Book Information

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## Customer Reviews

I loved reading and learning from this second edition of *Therapeutic Hypnosis with Children and Adolescents*. Drs. Sugarman and Wester have created a rich and vital compendium of creative strategies on how to be therapeutic with children and all of us who have been children. This book is an essential contribution to a necessary revolution in health and care that balances what we do to children with what they can do for themselves. It details and affirms the important work of all those who share concern about our children's futures: to foster their abilities know their own minds and steer their own lives. This text ought to be studied by all who strive to help children have the freedom of mind to face life's challenges. "Steven A. Hassan, M.Ed, LMHC, NCC, author of *Freedom of Mind: Helping Loved Ones Leave Controlling People, Cults and Beliefs*.

Great book, hypnosis is finally getting the scientific credit it deserves. The theory part is the most interesting, I can see how in 5 years Hypnosis may merge with theories on education. Good buy if you work with children.

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